



THE HEATH

FOOD & DRINK MENU



COFFEE & TEA

ESPRESSO €1.00
CORTADO €1.50
AMERICANO €1.50
LECHE Y LECHE €2.00
CAFE CON LECHE €2.00
LATTE €2.00
CAPPUCINO €2.00
ENGLISH TEA €2.00
HERBAL TEA €2.50
LARGE COFFEE €3.00
BARRAQUITO €4.00

SOFT DRINKS

WATER €1.50
SPARKILING €1.50
COCA COLA €2.50
COCA COLA ZERO €2.50
SPRITE €2.50
FANTA €2.50
FUZE ICE TEA €2.50
APPLETISER €2.50
ORANGE JUICE (BOTTLE) €2.50
ORANGE JUICE (FRESH) €4.00
REDBULL €3.00

ALCOHOL

DORADA ESPECIAL PINT €3.00
DORADA ESP HALF PINT €2.00
STELLA ARTOIS PINT €3.00
STELLA ARTOIS HALF PINT €2.00
CORONA €3.00
DORADA ORIGINAL €3.00
MAGNERS €3.00
KOPPABERG €3.00
WHITE WINE €3.00
RED WINE €3.00
SPIRITS/LIQUOR €4.00

FRUIT SHAKES

(CHOOSE FROM WATER, MILK, ALMOND OR OAT MILK)

STRAWNANA €5.00

STRAWBERRY & BANANA

BANANABERRY BURST €5.00

STRAWBERRY, BANANA & BLUEBERRY

TROPICAL DREAM €5.00

MANGO & PINEAPPLE

GREEN MACHINE €5.00

SPINACH, MANGO, PINEAPPLE, AVOCADO

MILKSHAKES

(CHOOSE FROM MILK, ALMOND MILK, OAT MILK)

CHOCO LOCO €6.00

CHOCOLATE ICE CREAM, CHOCOLATE SYRUP, MILK, WHIPPED CREAM

VELVET VANILLA €6.00

VANILLA ICE CREAM, VANILLA SYRUP, MILK, WHIPPED CREAM

STRAWBERRY BLISS €6.00

STRAWBERRY ICE CREAM, STRAWBERRY SYRUP, MILK, WHIPPED CREAM

OREO / LION BAR / LOTUS BISCOFF / CHIPS AHOY / SMARTIES €7.50

TOPPING OF YOUR CHOICE, ICE CREAM, CHOCOLATE OR CARAMEL SYRUP, MILK, WHIPPED CREAM)



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PROTEIN SHAKES



COCOA HULK €5.00

CHOCOLATE WHEY 30G, WATER/MILK/OAT OR ALMOND MILK

STRAWBERRY STRONGMAN €5.00

STRAWBERRY WHEY 30G, WATER/MILK/OAT OR ALMOND MILK

VANILLA PUMP €5.00

VANILLA WHEY 30G, WATER/MILK/OAT OR ALMOND MILK

COOKIE CRUSHER €5.00

COOKIES & CREAM WHEY 30G, WATER/MILK/OAT OR ALMOND MILK

EXTRA TOPPINGS

+€1.00 - CHOCOLATE/CARAMEL/STRAWBERRY/VANILLA SYRUP, HONEY, GREEK YOGHURT, CRUSHED COOKIES, OREOS, LOTUS BISCOFF, WHIPPED CREAM

+€2.00 - PEANUT BUTTER, OATS, GRANOLA, BANANA, STRAWBERRY, BLUEBERRIES, ESPRESSO SHOT

AMERICAN BUILD-A-WAFFLES

AMERICAN WAFFLE €6.00

AMERICAN WAFFLE WITH ICE CREAM €8.00

+€1.00 WAFFLE TOPPING SAUCE

MAPLE SYRUP, WHITE CHOCOLATE, MILK CHOCOLATE, NUTELLA, BISCOFF

+€1.00 WAFFLE TOPPING FILLERS

BISCOFF, OREOS, LION BAR, CHIPS AHOY, SMARTIES, BUTTER

+1.00 WAFFLE TOPPING EXTRAS

MARSHMALLOWS, RAINBOW SPRINKLES, CHOCOLATE SPRINKLES, CHOCOLATE/CARAMEL/STRAWBERRY/VANILLA/BISCOFF SYRUP

AMERICAN BUILD-A-PANCAKE

AMERICAN PANCAKES €6.00

AMERICAN PANCAKES WITH ICREAM €8.00

+€1.00 EACH PANCAKE TOPPING SAUCE

MAPLE SYRUP, WHITE CHOCOLATE, MILK CHOCOLATE, NUTELLA, BISCOFF

+€1.00 EACH PANCAKE TOPPING FILLERS

BISCOFF, OREOS, LION BAR, CHIPS AHOY, SMARTIES, BUTTER, MARSHMALLOWS, RAINBOW OR CHOCOLATE SPRINKLES, CHOCOLATE/CARAMEL/STRAWBERRY/VANILLA/BISCOFF SYRUP



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TOASTED SANDWICHES

HAM & CHEESE €6.00

PREMIUM HAM, CHEDDAR CHEESE & RED LEICESTER

TUNA MELT €6.00

TUNA MAYO, SWEETCORN OR/AND RED ONION, CHEDDAR CHEESE

POLLO MECHADO €6.00

TRADITIONAL CANARIAN PULLED CHICKEN, MAYONNAISE, LETTUCE, ONION & TOMATO

CHICKEN, BACON & CHEESE €6.00

PREMIUM BACON, SLICED CHICKEN BREAST & CHEDDAR CHEESE

CHICKEN, PESTO & MOZARELLA €6.00

SLICED CHICKEN BREAST, MOZARELLA CHEESE & BASIL PESTO

BACON & EGG €6.00

PREMIUM BACON, & FRIED EGG

BACON, SAUSAGE & EGG €6.00

PREMIUM BACON, "CUMBERLAND" SAUSAGE & FRIED EGG

SAVOURY BAKERY PASTRIES

TRADITIONAL ENGLISH SAUSAGE ROLL €8.00

PREMIUM SAUSAGES MEAT IN A PUFF PASTRY STYLE ROLL WITH MASH & GRAVY

STEAK & ALE PIE WITH MASHED POTATOES & GRAVY €10.00

PREMIUM BEEF STEAK PIECES SOAKED IN ALE IN A PUFF PASTRY PIE WITH MASH & GRAVY

CHICKEN & MUSHROOM PIE WITH MASHED POTATOES & GRAVY €10.00

PREMIUM CHICKEN PIECES & CHOPPED MUSHROOMS IN A PUFF PASTRY PIE WITH MASH & GRAVY

MINCED BEEF & ONION PIE WITH MASHED POTATOES & GRAVY €10.00

PREMIUM MINCED BEEF & CHOPPED ONION IN A PUFF PASTRY PIE WITH MASH & GRAVY

CHEESE & ONION PIE WITH MASHED POTATOES & GRAVY €10.00

WILTSHIRE CHEDDAR CHEESE & CHOPPED ONION IN A PUFF PASTRY PIE WITH MASH & GRAVY

CORNISH PASTY WITH MASHED POTATOES & GRAVY €10.00

CORNISH STYLE MINCED BEEF, POTATOES, ONIONS & CARROT IN PUFF PASTRY WITH MASH & GRAVY



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SWEET BAKERY PASTRIES

BUTTER CROISSANT €3.00

BAKED BUTTER CROISSANT, COMES WITH JAM AND BUTTER

PAN AU CHOCOLAT €3.00

BAKED PAN AU CHOCOLAT, COMES WITH CHOCOLATE SAUCE

BREAKFAST BOWLS

(CHOOSE FROM GREEK YOGHURT OR ACAI BERRY BASE)

BERRY BONANZA BOWL (WITH YOGHURT €8.00, WITH ACAI €12.50)

STRAWBERRY, BLUEBERRY, RASPBERRY & CRUNCHY GRANOLA TOPPED WITH A GENEROUS DRIZZLE OF NATURAL HONEY

PROTEIN POWER BOWL (WITH YOGHURT €8.00, WITH ACAI €12.50)

BANANA, BLUEBERRY, KIWI, PROTEIN POWDER SCOOP & MIXED CRUSHED NUTS TOPPED WITH A GENEROUS DRIZZLE OF PEANUT BUTTER

SUPER NUTRITION BOWL (WITH YOGHURT €8.00, WITH ACAI €12.50)

BLUEBERRY, PINEAPPLE, CHIA SEEDS, GOJI BERRIES & CRUNCHY GRANOLA TOPPED WITH A GENEROUS DRIZZLE OF AGAVE SYRUP

TROPICAL DREAM BOWL (WITH YOGHURT €8.00, WITH ACAI €12.50)

PINEAPPLE, KIWI, PAPAYA, GOJI BERRIES & COCONUT FLAKES TOPPED WITH A GENEROUS DRIZZLE OF NATURAL HONEY

CHOC-NANA CRUNCH BOWL (WITH YOGHURT €8.00, WITH ACAI €12.50)

DOUBLE BANANA, CRUSHED COOKIES, PEANUT BUTTER & CRUSHED NUT MIX TOPPED WITH A GENEROUS DRIZZLE OF CHOCOLATE SYRUP

BUILD YOUR OWN BOWL - CHOOSE 5 INGREDIENTS (YOGHURT €8.00, ACAI €12.50)

FRUITS: STRAWBERRY, BLUEBERRY, RASPBERRY, BANANA, PINEAPPLE, GOJI BERRIES, KIWI, PAPAYA

CRUNCHY: GRANOLA, CRUSHED NUT MIX, CHIA SEEDS, CRUSHED COOKIES, COCONUT FLAKES

DRIZZLE: PEANUT BUTTER, NATURAL HONEY, AGAVE SYRUP, MAPLE SYRUP, CHOCOLATE SYRUP

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